θεματικα ΕΡΓΑΣΤΗΡΙΑ 2023-2024

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| ΠΡΟΓΡΑΜΜΑ ΣΥΝΑΝΤΗΣΕΩΝ  |
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| **ΘΕΜΑΤΙΚΕΣ**  | ΗΜΕΡΟΜΗΝΙΕΣ |
|  Αναπτυξιακές ανάγκες εφήβων και η σημασία των ορίων | 21/11/2023 |
|  Εφηβεία: Επικοινωνία και ενεργητική ακρόαση | 5/12/2023 |
|  Διαχείριση άγχους, ενίσχυση αυτοεκτίμησης- Εφαρμογή του μοντέλου της Θετικής Ψυχολογίας  | 16/01/2024 |
|  H διαχείριση του πένθους στο σχολείο -Διαχείριση κρίσεων στο σχολικό πλαίσιο | 30/01/2024 |
|  Anti bullying πρακτικές – Αντιμετώπιση του φαινομένου σχολικού εκφοβισμού στο σχολικό πλαίσιο | 13/02/2024 |
|  Ενσυναίσθηση στην εφηβεία, καλλιέργεια κοινωνικών δεξιοτήτων, φιλία και κοινωνικές σχέσεις  | 5/03/2024 |

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|  ΝΟΕΜΒΡΙΟΣ |  δεκεμβριοσ  | ιανουαριοσ | φεβρουαριοσ | μαρτιοσ  | απριλιοσ |
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| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
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