θεματικα ΕΡΓΑΣΤΗΡΙΑ 2023-2024

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| |  | | --- | | ΠΡΟΓΡΑΜΜΑ ΣΥΝΑΝΤΗΣΕΩΝ | |  | |  |
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| |  |  | | --- | --- | | **ΘΕΜΑΤΙΚΕΣ** | ΗΜΕΡΟΜΗΝΙΕΣ | | Αναπτυξιακές ανάγκες εφήβων και η σημασία των ορίων | 21/11/2023 | | Εφηβεία: Επικοινωνία και ενεργητική ακρόαση | 5/12/2023 | | Διαχείριση άγχους, ενίσχυση αυτοεκτίμησης-  Εφαρμογή του μοντέλου της Θετικής Ψυχολογίας | 16/01/2024 | | H διαχείριση του πένθους στο σχολείο -Διαχείριση κρίσεων στο σχολικό πλαίσιο | 30/01/2024 | | Anti bullying πρακτικές –  Αντιμετώπιση του φαινομένου σχολικού εκφοβισμού στο σχολικό πλαίσιο | 13/02/2024 | | Ενσυναίσθηση στην εφηβεία, καλλιέργεια κοινωνικών δεξιοτήτων, φιλία και  κοινωνικές σχέσεις | 5/03/2024 | |  |

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| ΝΟΕΜΒΡΙΟΣ | δεκεμβριοσ | ιανουαριοσ | φεβρουαριοσ | μαρτιοσ | απριλιοσ |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Δ | T | Τ | Π | Π | Σ | Κ | |  |  | 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 27 | 28 | 29 | 30 |  |  |  | |  |  |  |  |  |  |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Δ | T | Τ | Π | Π | Σ | Κ | |  |  |  |  | 1 | 2 | 3 | | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |  |  |  |  |  |  |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Δ | T | Τ | Π | Π | Σ | Κ | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | 15 | 16 | 17 | 18 | 19 | 20 | 21 | | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | 29 | 30 | 31 |  |  |  |  | |  |  |  |  |  |  |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Δ | T | Τ | Π | Π | Σ | Κ | |  |  |  | 1 | 2 | 3 | 4 | | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | 12 | 13 | 14 | 15 | 16 | 17 | 18 | | 19 | 20 | 21 | 22 | 23 | 24 | 25 | | 26 | 27 | 28 | 29 |  |  |  | |  |  |  |  |  |  |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Δ | T | Τ | Π | Π | Σ | Κ | |  |  |  |  | 1 | 2 | 3 | | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |  |  |  |  |  |  |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Δ | T | Τ | Π | Π | Σ | Κ | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | 15 | 16 | 17 | 18 | 19 | 20 | 21 | | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | 29 | 30 |  |  |  |  |  | |  |  |  |  |  |  |  | |